

Natur-Med Natural Hot Springs

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KUSADASI NATUR-MED NATURAL HOT SPRINGS

We cordially invite you to Natur-Med Hot Springs and Health Resort connecting you with Anatolia's past and present.

Natur-Med maintains an international standard for its hot spring therapy and is one of Turkey's best hot springs and spa resorts with a unique character. It is well-known for its valuable therapeutic treatments and drinking cures. Dating back several thousand years, the thermal waters of Natur-Med come from deep below the surface of this unspoiled region. The hot springs pour out water rich in minerals and trace elements that cure a variety of illnesses.

Natur-Med thermal spring water contains 30 different minerals with a high mineral density. Along with the therapeutic properties of magnesium, sodium bicarbonate, calcium, bromine, iodine, and many other minerals, Natur-Med hot spring water is distinctive with its high content of "silicon dioxide", which is recognized as the "Rejuvenation" mineral. Natur-Med thermal water is used in both bathing and drinking cures.

As you bathe in the thermal pools, overlooking the Aegean Coastline, where olive and tangerine trees rustle in the gentle mountain breezes, your body, mind and spirit are slowly being revived by the curative waters and healing therapies of Natur-Med.

Natur-Med offers body-mind-spirit rejuvenation, purification and anti-aging programs, treatments for chronic diseases, weight loss programs, pain treatments, quit smoking therapies, treatments for depression, osteoporosis, arthrose, rheumatism, fibromyalgia, skin diseases such as eczema, psoriasis, acne, asthma, diabetes and wellness packages.

www.natur-med.com.tr